- Opioids use for chronic pain provides modest benefits in comparison to significant harms with longterm use.
- Medical cannabis could be an alternative worth investigating.
- Issues in access to cannabis and stigma among other things present equity issues with prescribing cannabis.
- A Guideline panel wanted to incorporated equity in the development of the recommendations.

## **OBJECTIVE: IDENTIFY HEALTH EQUITY-RELEVANT** EVIDENCE REPORTED IN THE PRIMARY STUDIES OF FOUR SYSTEMATIC REVIEWS TO INFORM EQUITY CONSIDERATIONS Benefits and POPULATIONS AT OF INEQUITIES framework harms PLus STUDIES long-term effects Opioid sparring effects Exclusion of Age Comorbidities Disability disadvantaged Representation Long-term care residents Homeless shelter Value and disadvantaged preferences populations · Relative effects Prison between Systematic Breastfeeding populations reviews inequities Evidence across PROGRESS-Plus

## Figure 1. Summary of evidence

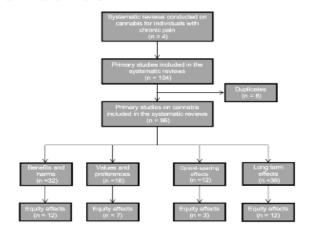
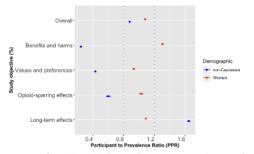


Table 1. Restriction of eligibility criteria

## Table 1. Restriction of eligibility criteria across dimensions associated with health inequities

Exclusion criteria	Benefits and harms (n = 32)	Values and preferences (n = 16)	Opioid-sparing effects (n = 12)	Long-term effects (n = 36)
Upper age limit	3 (9%)	-	-	2 (6%)
Comorbidities (including psychiatric disorders)	19 (59%)	14 (88%)	4 (33%)	8 (22%)
Pregnancy or lactation	11 (34%)	-	1 (8%)	9 (25%)
Low health literacy	-	-	-	1 (3%)
Women not using contraceptive	3 (9%)		1 (8%)	1 (3%)

Figure 2. Participant to Prevalence Ratio (PPR) for study objectives by sex and race.



Note: PPR from 0.8 to 1.2 indicates adequate representation; a PPR less than 0.8 indicates underrepresentation, and a PPR greater than 1.2 indicates overrepresentation.

## TAKE HOME MESSAGE

- 36/96 studies reported analyses for populations at risk of inequities; all were exploratory in nature.
- 45/96 studies excluded patients with comorbidities such as major psychiatric and cardiovascular diseases.
- Non-Caucasians are underrepresented in evidence related to benefits and harms, values and preferences and opioid sparring effects.

The guideline panel should consider equity considerations in the certainty of evidence as issues of indirectness to populations at risk of inequities may be at hand.