

German National Disease Management Guidelines Program (DM-CPG Program)

Guidelines for Disease Management

conflicts of interest:
Employee of ÄZQ

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Plan

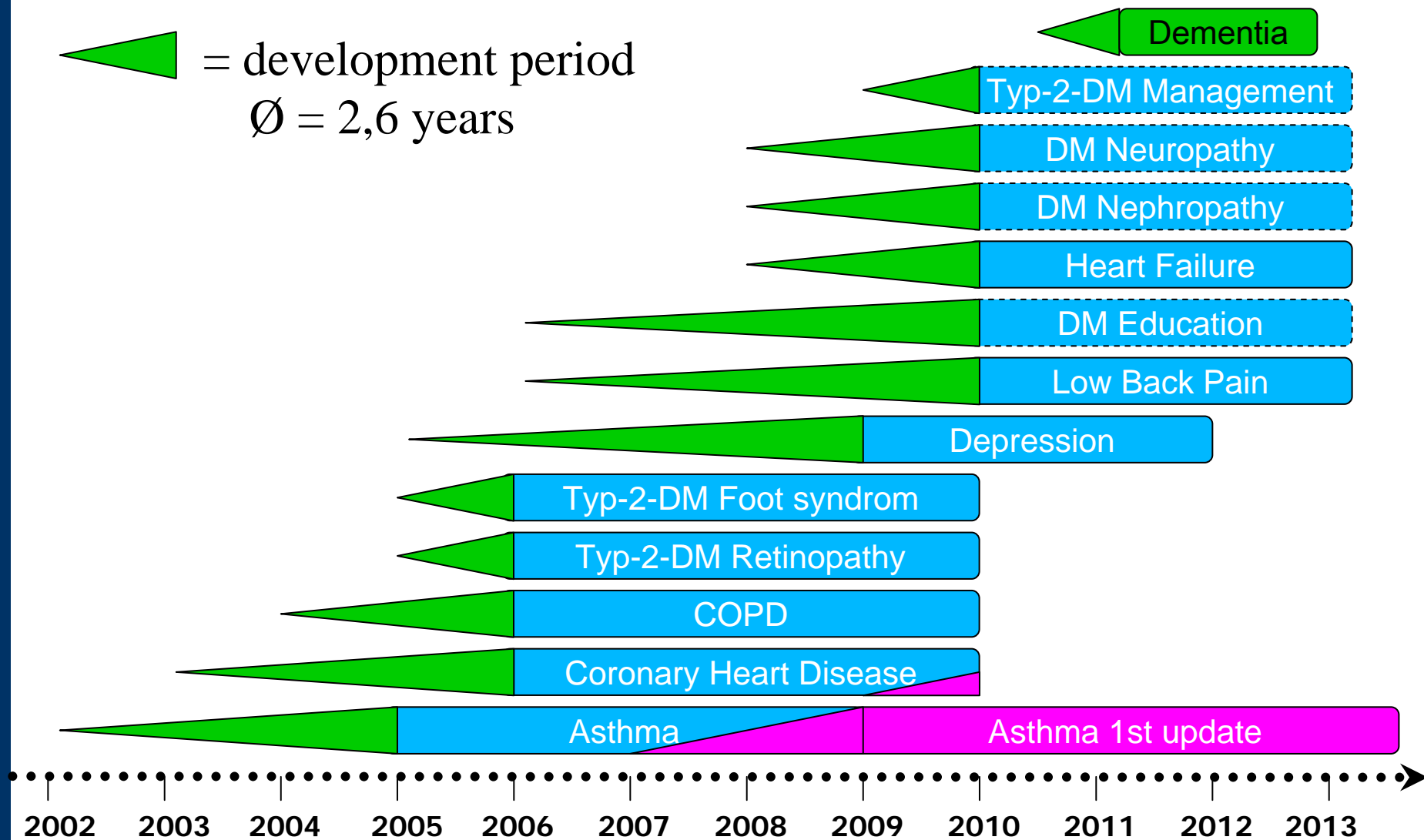
- History
- Special Features
- Topics
- Methodology
- Dissemination & Implementation
- Current developments

History

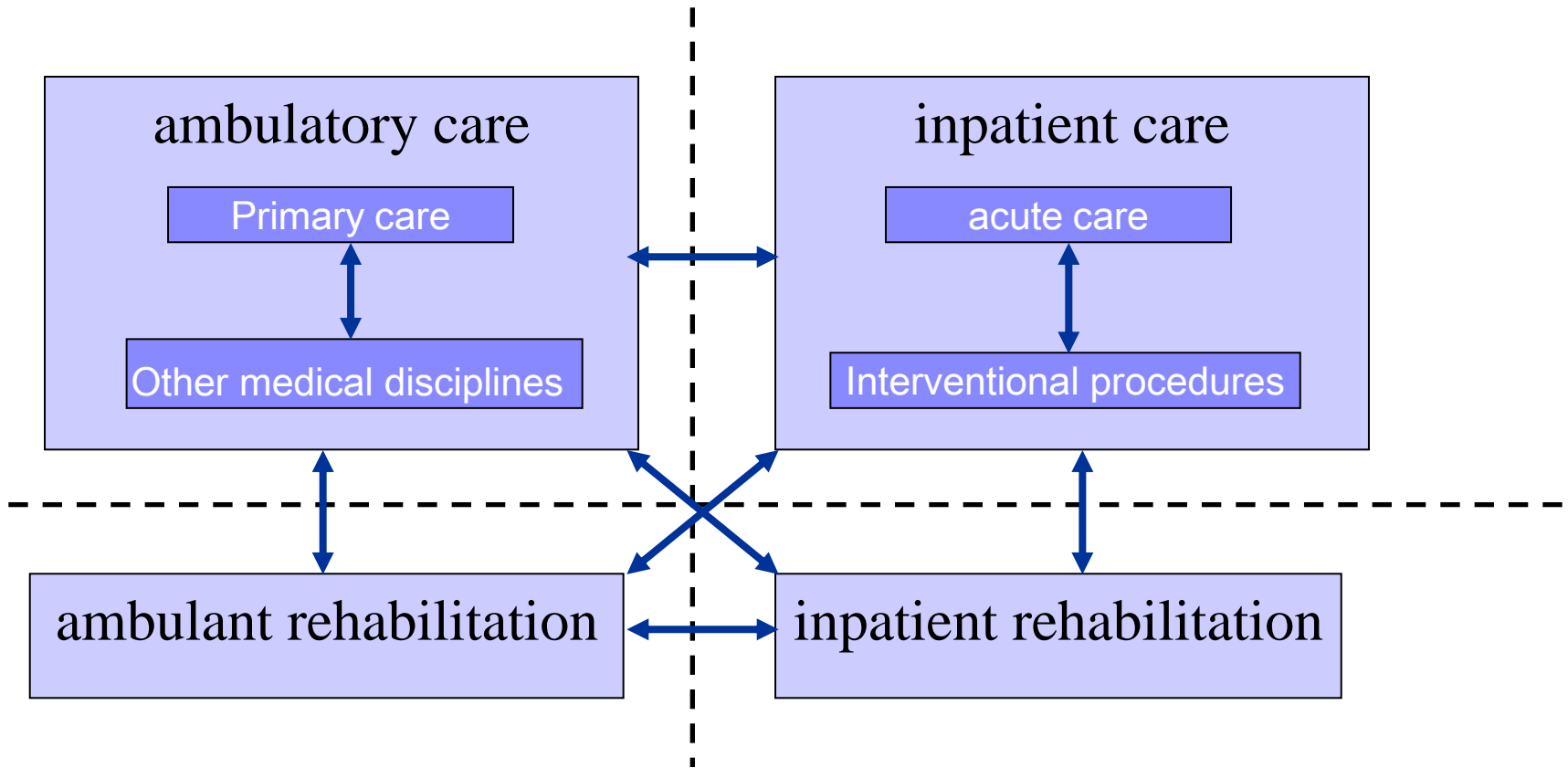
- 2002 - Set up by the German Medical Association to provide evidence based guidance for DMPs
- since September 2003 joint project of
 - German Medical Association
 - National Association of Statutory Health Insurance Physicians (120,500 Physicians)
 - Association of Scientific Medical Societies (153 Societies)
- organised by us:
German Agency for Quality in Medicine, Berlin 



Topics



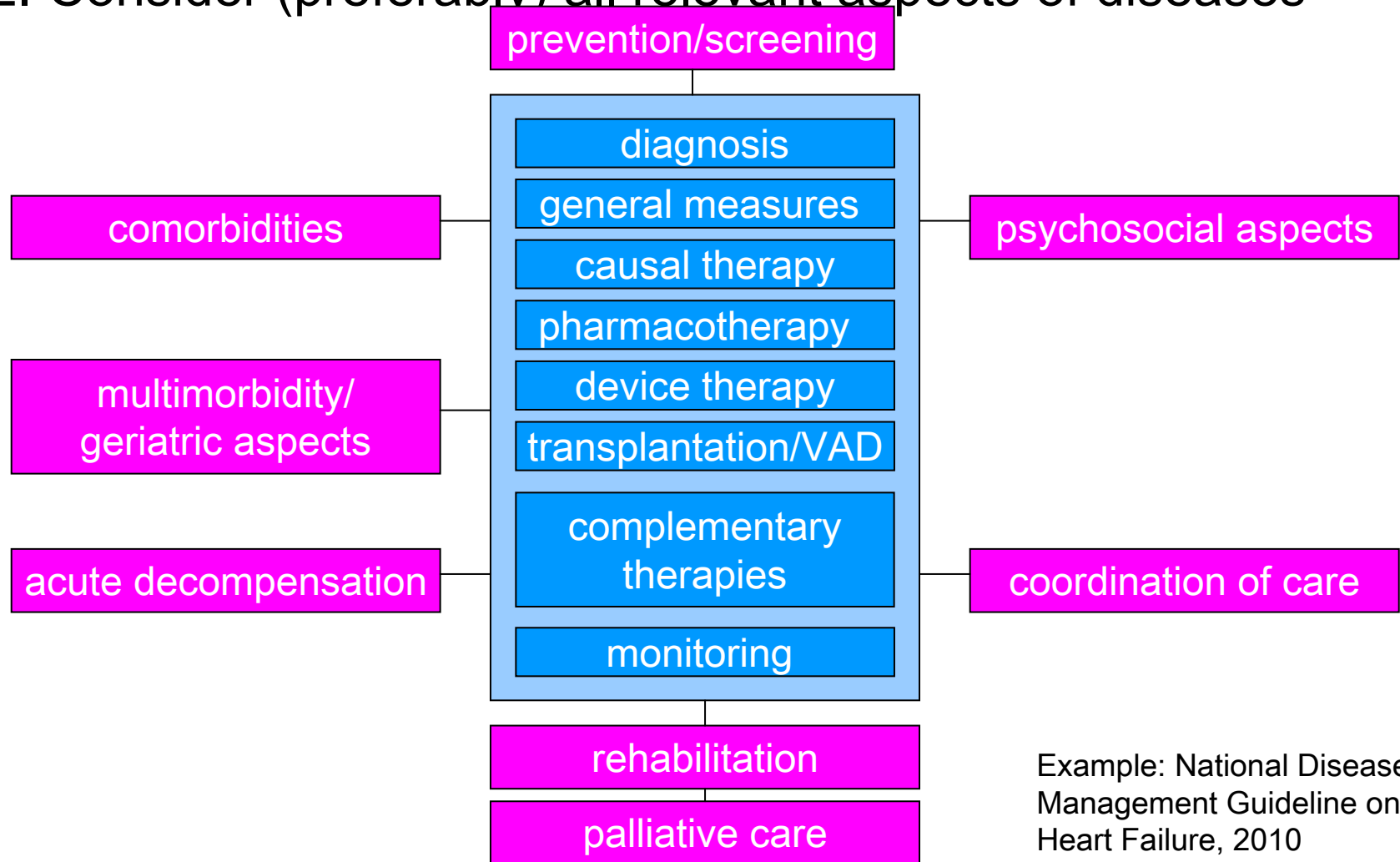
Special Features



Recommendations: When to refer, important issues when cooperating

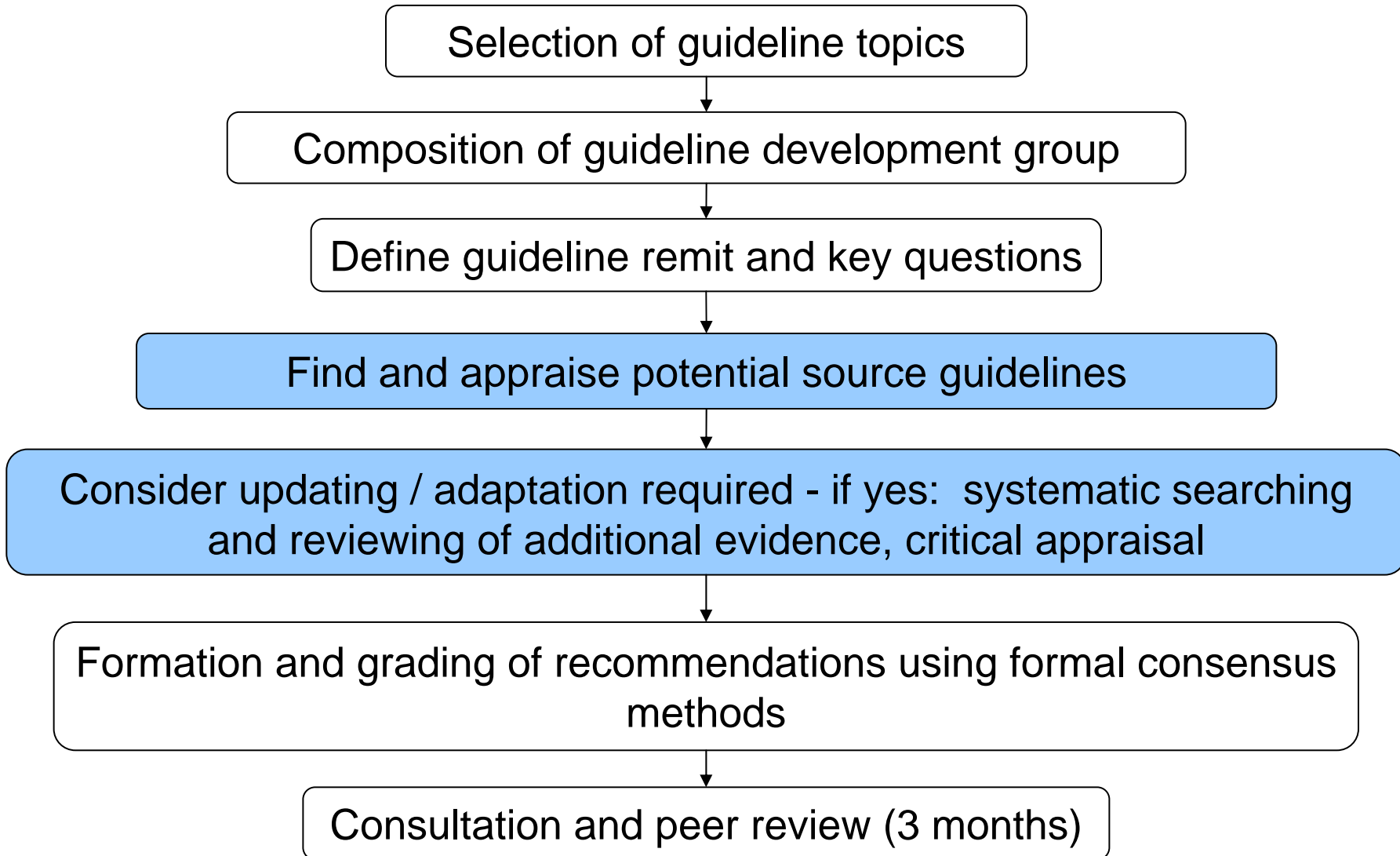
Special Features

2. Consider (preferably) all relevant aspects of diseases



Example: National Disease Management Guideline on Heart Failure, 2010

Methodology



Methodology - Example: Heart Failure

National and international guidelines were used as sources of evidence:

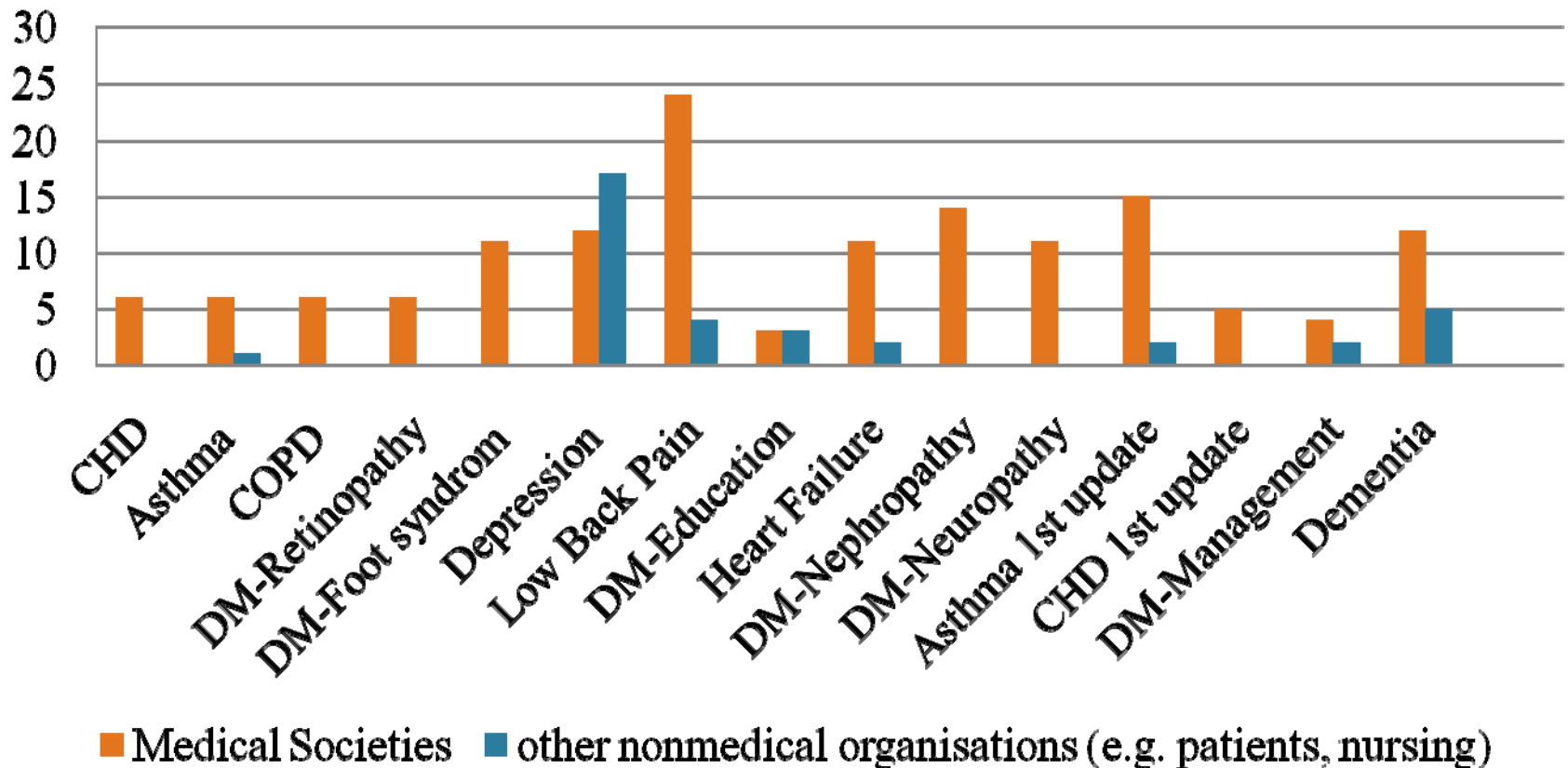
- 2 German guidelines (German Cardiac Society, German College of General Practitioners and Family Physicians)
- 2 International Guidelines (Scottish Intercollegiate Guidelines Network, Canadian Cardiovascular Society)
- Other guidelines were considered for specific questions

Additionally we performed systematic literature searches for the topics:

- Rehabilitation
- Complementary therapies
- Disease management approaches (e.g. telemedicine)

Methodology - Organization of Guideline Groups

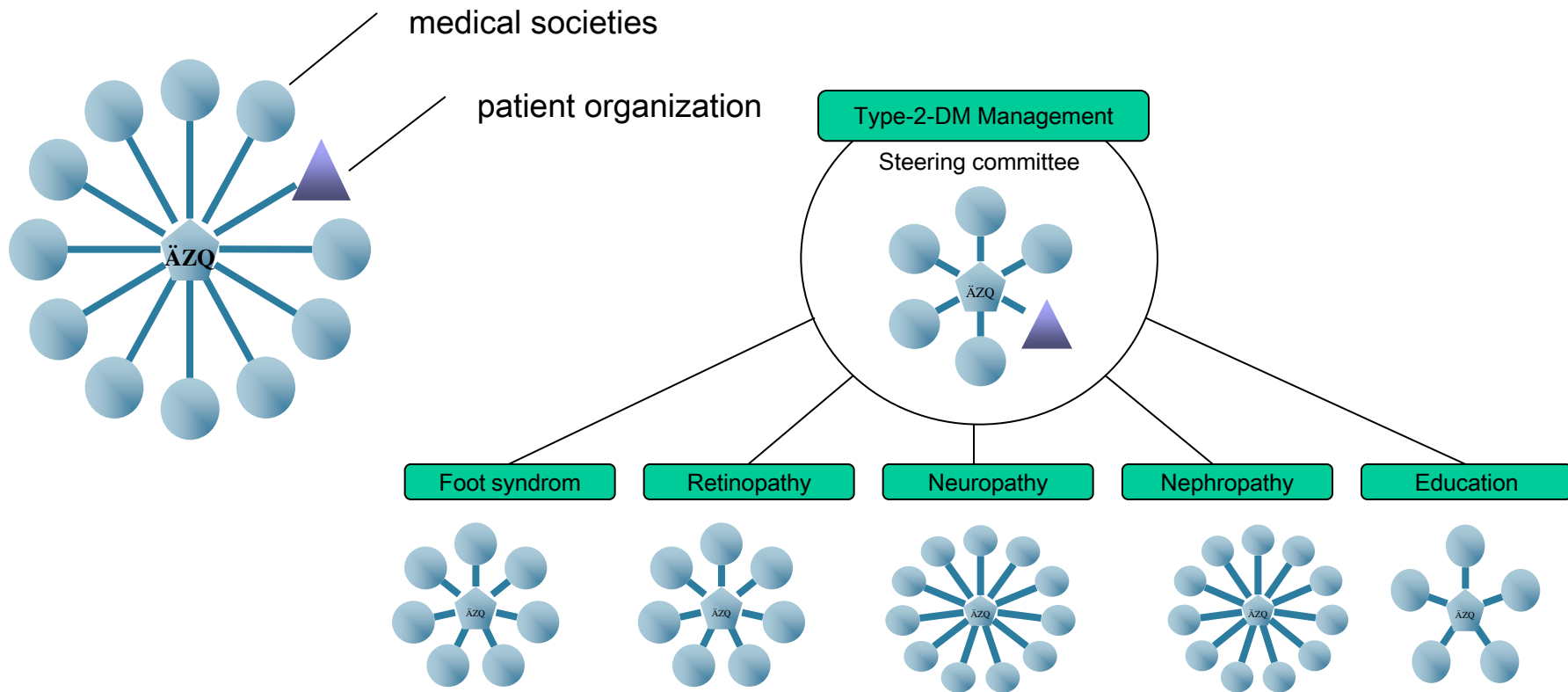
Guideline groups in National Disease Management Guidelines



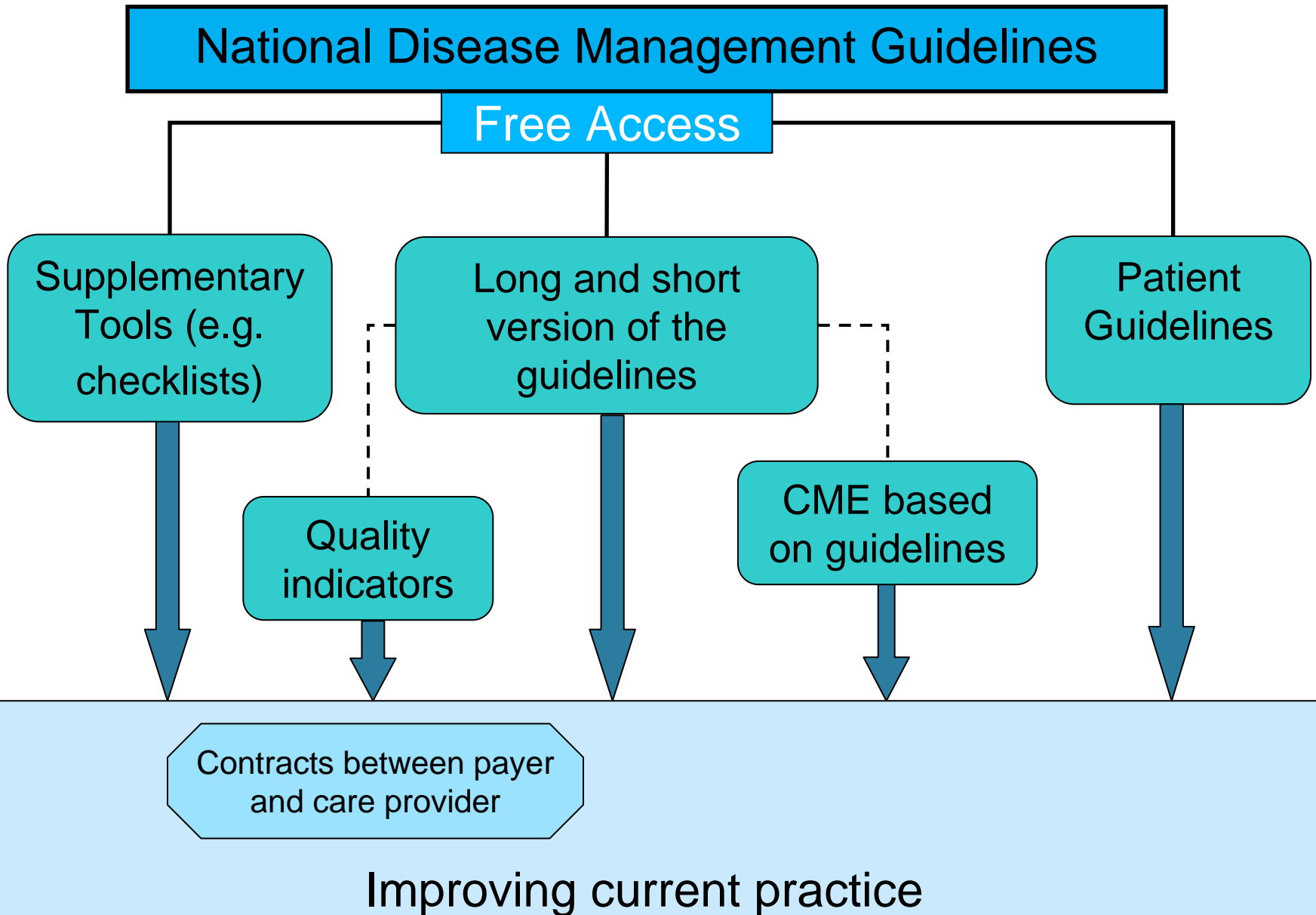
Methodology - Organization of Guideline Groups

typical organization

organization of the Type-2-DM guidelines



Dissemination & Implementation



Current Developments



improvement of strategies for effective implementation



continued updating – National Disease Management Guidelines as ‘living guidelines’



specific recommendations for special populations e.g. gender, migrants, Comorbidity (polypharmacy)

Thank you for your attention!
Questions and comments are welcome!



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