

## Fast track guideline update successful !

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**NL – iKNL – 25 MD oncology  
guidelines.  
The guideline oesophageal cancer  
incl. endorsement  
1 jr - record!  
Why try?**

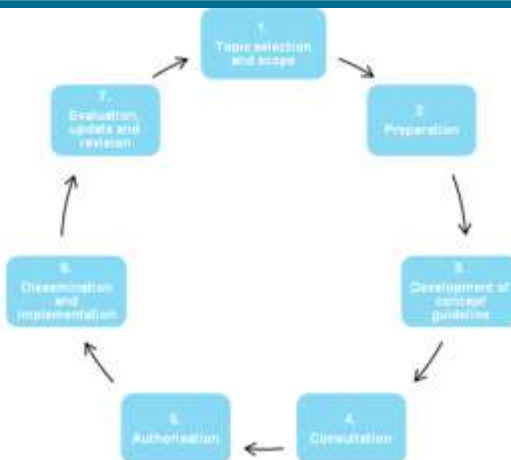


## The secret: people management ! CCNL manual on line

- Aim for a world record !
- Measure the effort needed and translate this in steps
- Imagine success; focus and provide team focus  
And - if needed -
- Fake it till you make it...to speed things up
- High performance is the result of :  
team selection, coaching and motivation



## Fast track lessons on each step of the regular guideline development (Grol)



Aim for a world record! ....  
This forces the system to the limit.

- Small steps are only tiresome
- Sports-coaching and psychology.
- The time table was drawn backwards starting at the end with the first date of authorization (deadline bottleneck, endorsement or formal agreement of the scientific societies.
- The minimum time needed for each development step was used.
- Imagine the race



### Drawing the time table steps backwards

- 12 December 2010 publication
- 9 SEPTEMBER AUTHORIZATION
- 7 July field consultation
- 6 June concept guideline
- 5 May writing 'conclusions and recommendations'
- 4 April discussing the results from the literature
- 3 March literature search
- 2 February first meeting working party
- 1 January expert meeting
- 12 December 2009 evaluation guideline 2005, call for current knowledge gaps and call for team members



## Step 1 Topic and scope

- The 2005 guideline was evaluated via a questionnaire
- A web-based call for knowledge gaps was issued
- Evidence based revision was limited to four items to keep the process cost and time – efficient
- Other parts CB update
- Start Dec 2009



## Step 2 preparation and team selection

- A qualified team leader was selected
- 22 + 2 ! Concentration of care discussion
- Each team member had to give informed consent for the fast track
- Experts
- for the
- literature search
- were contracted



### Step 3 development of concept guideline

- First meeting started with EBM teaching and
- a social gathering for teambuilding ! Why?
- Teams per clinical question were formed (5)
- One spokesmen per team
- Team results depend on each individual



### Coaching: measure the effort needed and translate this in steps

- Teams sat together in general meetings (!)
  - Team meetings in-between general meetings were organized (focused general meeting)
  - The key was to share results and keep in contact with every member in-between general meetings
- Lit party contactperson



## To focus and provide team focus

- Keep the finish in sight
- Always start the meeting with a flash-back of what was achieved and end the meeting with what is expected for the coming period



## Fake it .....till you make it

- Use psychology: just before deadlines I send mails on how well some teams managed to keep on track - everyone responded.
- Words matter!
- 



## Imagine success

- focus on the periods of rest, when all the work is done
- SUMMER

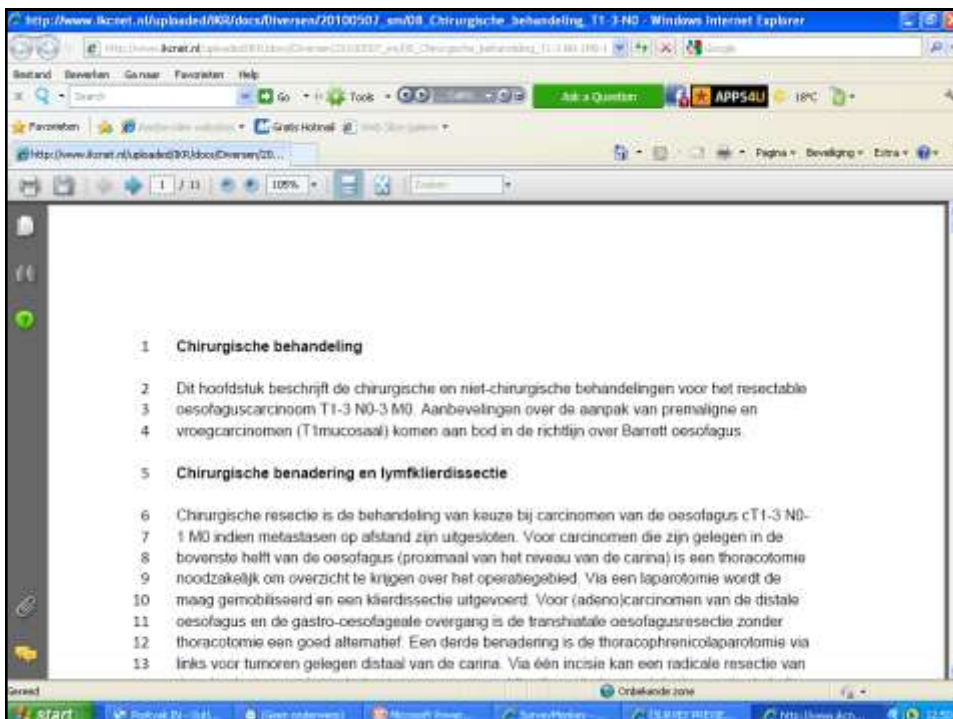
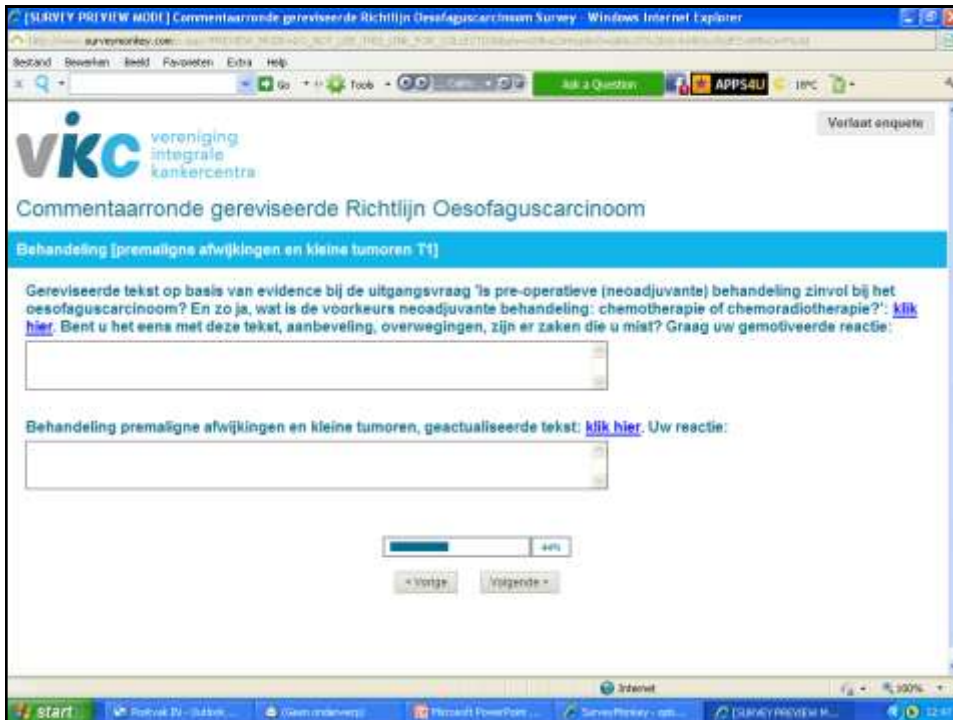


## Step 4 consultation

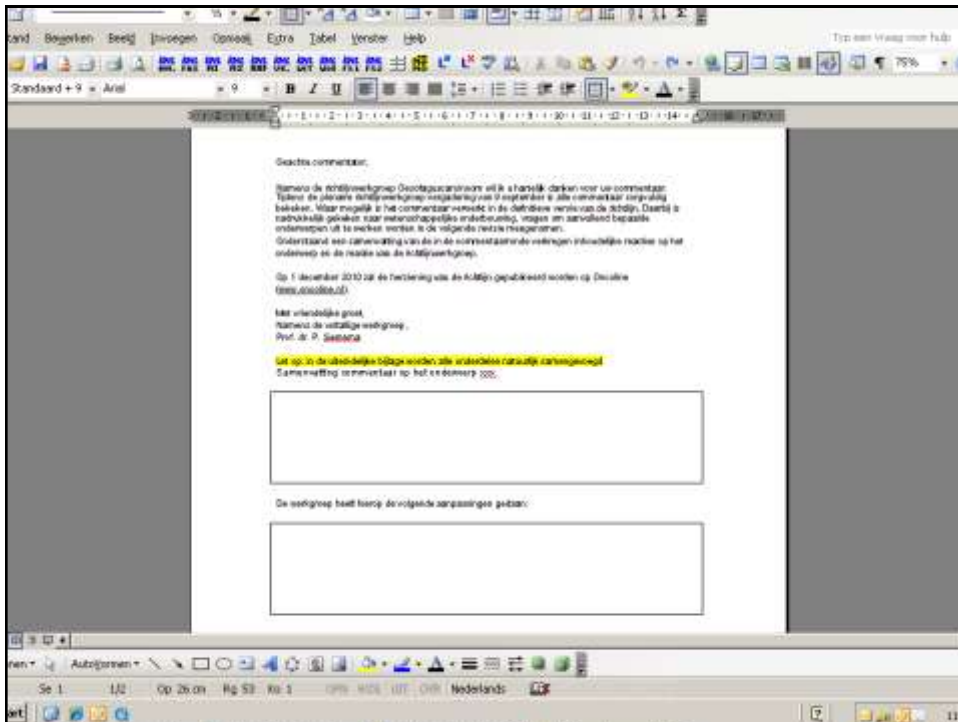
- Make what you want...Survey Monkey was contacted and gave advise on a system for web based commentary rounds enabling quick gathering and response of the comments from scientific and patient societies.
- A quick feedback for respondents was made











## Step 5 authorization

- Different scientific associations had different procedures, this takes time!



## Step 6: dissemination and implementation

- A total of 6 meetings was needed to deliver the updated guideline. The last meeting was also used to generate the first draft of indicators to monitor guideline implementation.
- Within budget, 15 DEC
- Dissemination: [www.oncoline.nl](http://www.oncoline.nl)
- Full speed implementation
- publication



## Step 7 evaluation, update and revision

- Guidelines need to be actual.
- We therefore initiated another pilot keeping the literature search open and collecting new evidence every year.
- Process evaluation
- Guideline evaluation KR



The end!  
The revision was done within a year!  
Conclusion:

- Manual
- Innovations
- People management
- Aim for a world record !
- Measure the effort needed and translate
- Imagine success; focus and provide team focus  
And - if needed -
- Fake it ...till you make it....  
to speed things up

